

Be Strong and Courageous

3rd Annual JOSHUA 1:9 FREEDOM RUN 5K

Saturday, November 14th @ 8AM



Come run, walk, or jog with us on November 14th as we raise awareness and support Persecuted Christians who were displaced from their homes in Iraq and Syria and currently living in refugee camps in bordering countries. We will also be taking donations at the run to send to the moms and families in refugee camps including: baby blankets, hats, mittens, and gloves.

2 Ways to Register (Pick One)

- 1) Online at www.joshuacord.org/5k or Active.com (\$3.25 Active fee will be added) Online registration closes 11/12 at 11:59 pm
- 2) Complete entry form below with check payable to: Joshuacord, 3433 Lithia Pinecrest Road, Suite 120, Valrico, FL, 33596

Packet Pickup options:

- Fit2Run (International Mall, Tampa) November 12th from 5-7PM
- Race day, November 14th, at Al Lopez after 7AM.

Questions – email 5k@joshuacord.org

Date

Saturday, November 14, 2015
Race Start: 8:00 am chipped runners
8:10 walkers/fun run

Location

Al Lopez Park
4810 North Himes Avenue
Tampa, FL 33614
USATF Certified course

5k Run/Walk

\$25 until November 12th
\$30 Race Day

Medals

Medals for top Male/Female in age group categories and 1st, 2nd, 3rd overall!

REGISTRATION FORM

Full Name:

Address:

City, State, Zip:

*Phone *E-mail

*Birthdate: *Sex: M F Run / Walk / Virtual

*T-Shirt: ADULT S M L XL XXL How did you hear about the run?

Payment Method: Check / Cash / CC

CC: Expiration Date:

WAIVER MUST BE SIGNED to participate

I understand and agree that participating in this event is potentially hazardous, and that I should not enter and participate unless I am medically able and properly trained. In consideration of the acceptance of this entry, I assume full and complete responsibility for any injury or accident which may occur while I am traveling to or from the event, during the event, or while I am on the premises of the event. I also am aware of and assume all risks associated with participating in this event, including but not limited to falls, contact with other participants, effect of weather, traffic, and conditions of the road. I, for myself and my heirs and executors, hereby waive and indemnify, release, forever discharge and hold harmless Joshuacord Inc. and its affiliates, officers, directors and partners, as well as event organizers, sponsors, promoters, Active.com and each of their respective agents, representatives, successors and assigns, and all other persons associated with the event, from any and all liabilities, claims, actions, or damages that may arise in connection with or are related to my participation in this event whether caused by negligence, action or inaction of any of the above parties, or otherwise.

Participant Signature (or signature of parent or guardian if participant under 18)